



**Down to Earth**  
TRAINING & SAFETY SKILLS



**RTO 32328**

# WORK SAFELY AT HEIGHTS

RIIWHS204D – WORK SAFELY AT HEIGHT 5-1 DAY PROGRAMME

## DURATION 8 hours

### COURSE OUTLINE

This course is a nationally accredited one day course and is accepted in the mining, construction, oil, gas, and other main stream industries throughout Australia.

It provides students with the opportunity to develop the knowledge and skills required to support site-specific identification of working at heights and the requirements to do so.

The course is compliant with Australian WHS Regulations and the AS/NZS 1981 Industrial Fall Arrest Systems and Devices AS/NZS 1891 Portable Ladders.

The course outline includes:

- Definitions
- Current legislation
- Duty of care in relation to working at heights
- Identification and control of risks including completing a JSEA
- Use and maintenance of harnesses and lanyards
- Care of equipment
- Rescue equipment and plans
- Identification and use of rescue equipment

Face to face classroom delivery will be used to facilitate the underpinning knowledge requirements.

### ASSESSMENT

Both theory and practical assessments will be conducted throughout the course.

On successful completion participants receive a Statement of Attainment and a wallet sized ID card enabling participants to carry proof of training.

### BENEFITS

- Nationally accredited course
- Cost effective one day course
- Courses are frequently held
- Applicable across industries
- Contributes to the PCBU's due diligence profile

### WHO SHOULD ATTEND?

Industry workers who are exposed to heights risks as defined by legislation.

As an Industry requirement workers should refresh the training bi-annually to remain competent.

### LEGISLATION/COMPLIANCE

Work Safely at Heights meets with the requirements of RIIWHS204D and is recognised across many industry training packages.

This course covers necessary aspects relating to AS/NZS 1981 and the code of practice.

### PREREQUISITES

There are no prerequisites for this course.

### RECOGNITION OF PRIOR LEARNING

Due to the risk involved in this course recognised prior learning may only be recognised if the candidate has recently completed the training, or has an IRATA current recognised qualification for heights. Every two years this training must be attended to remain competent.

### LOCATION OF TRAINING

Our training centre is located at 12 Little Bramston Street Gladstone, Qld. Alternately courses can be booked for any location where appropriate facilities can be provided.

### COURSE COSTS

A total fee of \$180 per person which covers all course materials, administration, training facility and catering costs.

### BOOKINGS

Visit our web site [www.downtoearthresults.com.au](http://www.downtoearthresults.com.au) and book via the training calendar or alternatively contact us.

## PAYMENT METHOD

Payments can be made via direct debit:

Westpac Banking Corporation  
Down To Earth Results  
Student Course Fees Trust Account  
BSB: 034 126 ACC: 307 847

or by VISA/MasterCard.

## REFUND POLICY

DTE has a fair and equitable refund policy in place containing guidelines guaranteeing the refund of fees to participants under reasonable circumstances. The management guarantees that DTE has a sound financial position and safeguards participant fees until used for training. Please ask for a copy of the refund policy.

We stand by our training excellence 100% and guarantee our product. Should for some valid reason the training does not meet your expectations we shall provide a full refund.

## COMMITMENT

Our facilities and experienced instructors ensure that graduates of our courses leave equipped with the knowledge and skills required for safe work in their chosen field with the breadth and depth of knowledge required for the role. In addition we offer an on-going support service to all course participants including student drop in days on a monthly basis.

## CONTACT US

Please contact DTE administrator to discuss your needs or queries regarding training and upcoming dates for courses.



PHONE (07) 4972 0709

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WEB [www.downtoearthresults.com.au](http://www.downtoearthresults.com.au)