

**NEW  
FORMULA**

# MYDRADE™

## HYDRATION+VITAMINS

### SPORTS SUPPLEMENT DRINK

**Jam packed full of goodness,  
IT'S NOW A SUPPLEMENT DRINK**

**MYDRADE IS A SPORTS SUPPLEMENT DRINK DESIGNED FOR HYDRATION AND WELLBEING. THE SCIENTIFICALLY DESIGNED FORMULA HAS ALL THE KNOWN VITAMINS TO HELP WITH EXERCISE. VITAMINS A, D AND E FOR GENERAL HEALTH AS WELL AS A COMPREHENSIVE RANGE OF VITAMIN B TO SUPPORT ENERGY PRODUCTION. MYDRADE IS SUGAR FREE WITH NATURAL COLOURING AND FLAVOURING, CONTAINING ONLY 2% RDI OF SODIUM.**

**FOR MORE INFORMATION  
VISIT [MYDRADE.COM](http://MYDRADE.COM)**

**Ingredients:** Maltodextrin, Citric acid, Vitamins & Minerals premix (Calcium phosphate, Magnesium phosphate, Ascorbic acid, Potassium phosphate, Vitamin E, Ferrous sulphate, Zinc sulphate, Zinc gluconate, Nicotinamide, Manganese sulphate, Magnesium phosphate, Vitamin A acetate, Copper sulphate, Vitamin B12, Vitamin D, Vitamin B6, Pantothenic acid, Vitamin B2, Vitamin B1, Chromium chloride, Sodium molybdate, Potassium iodide, Folic acid, Sodium selenite, Biotin), Flavour, Natural sweetener (Thaumatococcus), Sodium chloride.

**SERVING SIZE: 5g MAKES 600ML**

	QUANTITY PER SERVING	% RDI	QUANTITY PER 100ml
ENERGY	62.5kJ		10kJ
PROTEIN	<1g		<1g
FAT - TOTAL	<1g		<1g
- SATURATED	<1g		<1g
CARBOHYDRATE	3.2g		<1g
- SUGARS	<1g		<1g
SODIUM	12.5mg		<3mg
POTASSIUM	61mg		10mg
VITAMIN C	6.4mg	16%	>1mg
VITAMIN E	1.6mg	16%	<1mg
VITAMIN B1	176µg	16%	29µg
VITAMIN B2	272µg	16%	45µg
VITAMIN B3	1.6mg	16%	<1mg
VITAMIN B6	256µg	16%	42µg
FOLIC ACID	26µg	13%	<5µg
VITAMIN B12	0.32µg	16%	<1µg
BIOTIN	3.6µg	12%	<1µg
CALCIUM	80mg	10%	13mg
IRON	1.28mg	11%	<1mg
MAGNESIUM	32.85mg	10.3%	<5mg
IODINE	16µg	10.7%	<3mg
PHOSPHORUS	131.8mg	13%	21mg



**SUGAR FREE**



**DIABETIC FRIENDLY**



**NO ARTIFICIAL COLOURS  
OR FLAVOURS**



**AUSTRALIAN MADE  
& OWNED**